

KRI Inclusion Policy

Last Updated: 29 June 2021

Purpose

To help ensure that Kundalini Yoga environments are welcoming to everyone. Any form of non-inclusion that violates this Policy will not be tolerated.

Inclusion includes, but is not limited to, the following:

- A. **Do Not Discriminate:** KRI-certified Kundalini Yoga teachers, KRI teacher trainers, and teachers in training (hereafter, collectively “Teachers”) must not discriminate against students, employees, staff, peers, or any other Teachers on the basis of age, gender, gender identity, sexual orientation, race, ethnicity, culture, national origin, religion, body type, physical or mental ability, socioeconomic status, marital status, political activities, or affiliation, or any other basis prohibited by local, state, provincial, national, and federal laws and regulations.
- B. **Seek Active Inclusion:** Teachers must actively include, accommodate, and welcome persons who are typically excluded on the bases named above in “**Do Not Discriminate,**” as a committed practice towards creating equity.
- C. **Provide Reasonable Accommodations:** Kundalini Yoga Teachers need to understand and facilitate, to the best of their ability, reasonable accommodations for people with disabilities. Teachers are responsible for complying with disability laws and regulations applicable in their jurisdictions, including the Americans with Disabilities Act for U.S.-based teachers. For reference, the United Nations Department of Economic and Social Affairs provides a resource to Disability Laws and Acts by Country/Area which may be applicable in particular jurisdictions.
- D. **Establish Reasonable Physical Location:** Teachers should carefully consider the safety and accessibility of the physical location(s) of their yoga classes and workshops.

Reporting, Investigation, and Determination

Reports of possible violations of the KRI Inclusion Policy are made to the Office of Ethics & Professional Standards & Conscious Conflict Resolution (EPS). Investigation and determination of violations of the Code are made by EPS with reference to the Code of Conduct, KRI Scope of Practice, Anti-Harassment Policy, Sexual Misconduct Policy, Inclusion Policy and any other applicable policies of KRI, SDI, 3HO, and IKYTA. For more information about EPS or to file a complaint, please click [here](#).